

The **MONTEBELLO** Voice

an independent gazette

please touch me!!

October 19, 2017



The garden crew: Brian Hayden, Chuck Amorosino, Penny Jones, Lynn Tjeerdsma, Catherine Cooke, Mary Tjeerdsma, and Diane Fitzgerald

GSW means Gun Shot Wound

By Janette D. Sherman, M.D.

My first introduction to the term GSW came in about 1968, when I was working in the emergency room as a medical student at Receiving Hospital in Detroit. A young girl was carried in. A neighbor boy, showing her a gun from his home, accidentally fired the gun. We did everything we could to revive her, to no avail. She was the age of my daughter, also with blue eyes and dark hair. I was so upset, that I vomited in the sink, and was ultimately sent home by the Chief Resident, transported in a Detroit Police Car.

A GSW causes damage as it enters a person's body, damage if it becomes lodged in an organ such as the lung, brain, intestines, but also damage as it exits a body leaving behind shredded tissue, bones particles and blood. No one survives a GSW without harm, if it does not kill them outright.

To this day, I have no idea why anyone (other than a police officer) would want to own a gun.

The Montebello Voice wants to hear from you: musings, travels, announcements, photos, book reviews, commentary, memoirs, essays, analysis, poems, suggestions, club news, recipes, and free ads

A twice-monthly publication for the residents, by the residents

voices on the 37

Beware of ticks carried by deer grazing at Montebello

By Denise Cumbee, Montebello Pet Club president

The deer on the property are very pretty – I have taken many photos of them as they graze in the grass in front of Building 2. I saw a TV program yesterday that reminded me that deer carry deer ticks and deer ticks carry Lyme disease. A tick has to be attached to a dog or human for 24 to 48 hours to transmit Lyme disease. PLEASE CHECK YOUR DOGS AT LEAST TWICE DAILY FOR TICKS.

The deer are wandering all over the property. They are leaving solid waste (a.k.a., excrement, feces, poop) all over the property. Deer waste contains parasites and is often just small pellets (like you would expect from a small animal such as a rabbit) that are not easily noticed when walking a dog. Most dogs LOVE to eat poop from another animal. PLEASE BE VERY CAREFUL AND WATCH YOUR DOGS CLOSELY SO THAT THEY CANNOT EAT ANY DEER DROPPINGS.

I often see small children outside in the large grassy areas – sitting on the ground or grabbing grass and rolling around on the ground. Please check yourself and your children/grandchildren for ticks after being outside in the children's play areas, the wooded trails, or any other outdoor areas. I have seen deer in the picnic and gazebo areas in addition to multiple other areas of the property. Make sure your family members (both four legged and two legged) don't pick up any deer droppings.

Deer are wild animals and could potentially hurt you or your dogs – so please do NOT feed them and do not try to touch them. Touching them is also a good way to pick up a tick. It is my understanding that Montebello is not suited for deer in the winter due to lack of water, so please do not feed or encourage the deer to stay here – they

will not make it through the winter. [Ed. note: It is illegal in Fairfax County to feed deer from September 1 through early January.] If they become injured or ill, no one brings in a veterinarian to treat them, and it is my understanding they are shot by wildlife officials if injured or ill. No one wants the deer to get hurt. They are beautiful creatures.

If you do not know how to check your dog for ticks or how to remove ticks from your skin or your dog, Google has many videos that show you how to remove ticks from people and dogs. Please also wipe your dogs' feet when coming into your unit; if they stepped in deer droppings, they may be carrying the parasites into your home.

Google also contains many informational websites detailing the symptoms of Lyme disease, which can be debilitating to both dogs and people. Please be careful and check your dogs and your family members daily for ticks. 🐾

The MONTEBELLO Voice

an independent gazette
Alexandria, Virginia

This publication accepts no funding or oversight from advertisers, residents, or the Montebello Condominium Unit Owners Association. All opinions are encouraged and reflect the diversity of views in the community. All articles and photographs come from Montebello residents. To receive or contribute to this email-only gazette, contact montebellovoice@cox.net or visit on the web at www.montebellovoice.com.

Editor & Designer.....Mikhailina Karina

Contributors.....Denise Cumbee, Albéric Karina-Plun, Dian McDonald, Joel Miller, Virginia Nickich, Janette Sherman, Mary Tjeerdsma

Garden crew beautifies large round planters

By Mary Tjeerdsma

It is amazing what a few hard workers can get done! Last weekend, we removed and transplanted the liriopie from three big cement circle planters near the interchange to Building 1 and Building 2. Not all of the liriopie could be transplanted as it was so root-bound from years of just mulch piled on it. Back-breaking work that took two days, but what a feeling to have completed that part of our first volunteer project.

On Friday, Lynn and I picked up all the plants that would be planted and stored them in our new permanent shed and in our mobile shed – that would be our car. Also, on Friday, one

bulbs: deep and wide holes for bigger plants and six inches deep for most of the bulbs. We filled each hole with water and added root starter to each hole to give a good start in their new home. We worked a good long day and finished off the planting by



ton of fresh good top soil was hauled in using a Lowe's truck and dumped by Lynn in the circles.

On Saturday morning, plants were brought out and of mobile and permanent shed and the design team, which is also the planting team, began placing plants and deciding on positioning. Next came the back-breaking work of planting all these lovely plants and

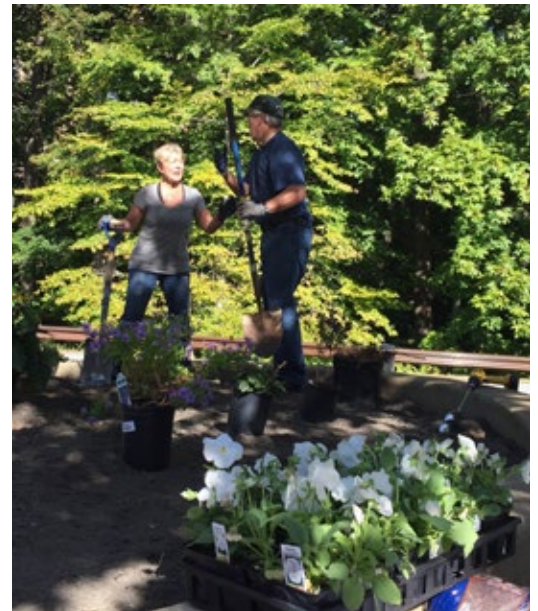
spreading mulch over the newly planted areas.

The volunteer crew consisting of Brian Hayden, Chuck Amorosino, Penny Jones, Lynn Tjeerdsma, Catherine Cooke, Diane Fitzgerald, and myself. Ellen Orlando, not in the photos, was a big part of our crew. Bill Bryant helped us with the digging out of the liriopie last weekend.

The working crew worked long and hard all of Saturday to complete the

job. Well done everyone and thank you for the time and energy you gave to helping beautifying Montebello.

Next spring, these circles should really come alive. Another person who helped with tons of moral support and bringing us some much needed refreshments was Joe Riccobono. Lots of walkers stopped by and said thank you to all of the workers and gave positive comments.



Some of what we planted:

- 🌹 Diva roses
- 🌿 Ornamental grass
- 🌸 Asters
- 🌵 Yucca
- 🌻 Golden rod
- 🌼 Black-eyed Susan
- 🌿 Coreopsis
- 🌸 Crocus (nearly 1,000)
- 🌷 Tulips (nearly 200)
- 🌸 Daffodils (nearly 1,000)
- 🌸 Hyacinths (nearly 100)
- 🌸 Pansies
- 🌿 Ornamental kale
- 🌿 Ornamental cabbage

Next project to be determined after we recuperate from this project! 🏡



Doggie do's and don'ts of dog doo

By Denise Cumbee, Montebello Pet Club president

Montebello is a great place to live and not every resident has a pet or likes pets. Some people have allergies and some people may fear dogs and/or cats. I am asking all pet owners to be polite and respectful to other residents who may not like pets or avoid pets for any reason – past experiences with dogs, fear, or any reason. It is the responsibility of all pet owners to be polite and follow the Fairfax County pet waste rules and leash laws and follow the Montebello pet rules. Bottom line is that pet owners are responsible for their pets.

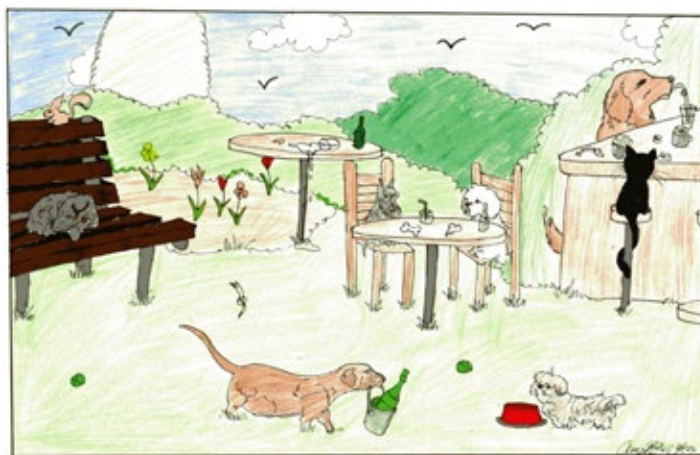
This responsibility includes keeping the pet quiet, mostly barking dogs. There are many humane ways to keep a dog from becoming a nuisance barker such as citronella collars and training. Pet owners are not permitted to allow their dogs (I have not seen anyone walking a cat on the grounds, but it could occur) to use the bathroom (liquid or solid) in the garage areas, the elevators, or other common areas. If your dog is having accidents in the elevator or the garage, please hire one of the many dog walkers to walk the dog more often or if a medical problem is suspected, then get the dog checked by a veterinarian and work on resolving the problem. Doggie diapers are also available at all pet stores and online retailers.

If your dog is not being walked often enough and is ready to use the bathroom the minute you arrive to walk the dog, then take the freight elevator to the B3 level as it is the closest exit to the outdoor areas if you are unwilling to hire a dog walker. Pets are NOT permitted to use the bathroom (liquid or solid) in any of the garage areas or elevator. If your dog has an accident in one of these areas, it is YOUR respon-

sibility to clean it up – not just throwing a piece of paper over it. You need to take the dog home and get paper towels and some cleaning solution and completely clean up the mess.

If your dog doesn't like to go outside, then either take the dog to training or train them to use the bathroom in the condo on pee pads, newspapers, whatever you feel is appropriate for your household.

Building 2 residents can tell you they see me often taking Lucy out and her tail is tucked tightly at her behind be-



cause she does not like to go outside. But she is not house trained, so I take her outside despite the dirty and pitiful looks she gives me when we head out of the building.

If your pet has an accident in a common area – garage or elevator – and you are unable to bend over to clean it up, call a friend and ask the (big) favor of assisting you in the cleanup. When you walk your dogs, keep in mind that dogs are not permitted in the children's play areas or in the picnic areas. You MUST clean up any solid waste your dog deposits anywhere on the grounds; this is the Fairfax County law and Montebello rules. If your dog uses the bathroom in the wooded areas or on the soil areas (in landscaped areas around bushes or trees), it is still your responsibility to pick up the waste and deposit it into an outdoor trash can. If your dog has loose bowels (diarrhea), then pick

up some dirt in the doggie bag and use it to get this waste into your pet waste bag. Pet waste bags and trash cans are available in pet areas. This is not a hotel and it is not the responsibility of the Montebello housekeeping staff to clean up your pet messes. Please be a responsible pet owner.

Below are excerpts from Montebello pet rules:

d. The applicant understands that violations of the pet rules may result in the imposition of sanctions by the Covenants Committee. ***The sanctions could include assessment of charges pursuant to Section 55-79, 80:2 of the Virginia Condominium Act, and/or a requirement to remove a pet or pets from Montebello.***

E. NUISANCE. A pet may be owned and maintained in a Unit so long as it is in compliance with the Rules and Regulations and is not a nuisance and does not unreasonably disturb other residents.

Pet actions and/or conditions which may constitute a nuisance include, but are not limited, to the following:

1. Abnormal or unreasonable crying, barking, scratching, making or causing other noises of sufficient volume to reasonably disturb other residents, unless temporarily provoked by external causes, such as activation of the fire alarm system.
2. Damaging, soiling, urinating or defecating upon the Common Elements (other than in pet exercise areas) or otherwise being hygienically offensive.
3. Molesting, attacking or interfering with the freedom of movement of persons on the Common Elements, or in any other manner, creating a dangerous situation.
4. Attacking other pets.

F. OWNER RESPONSIBILITY 1. Pet owners assume full responsibility for any property damage. 🐾

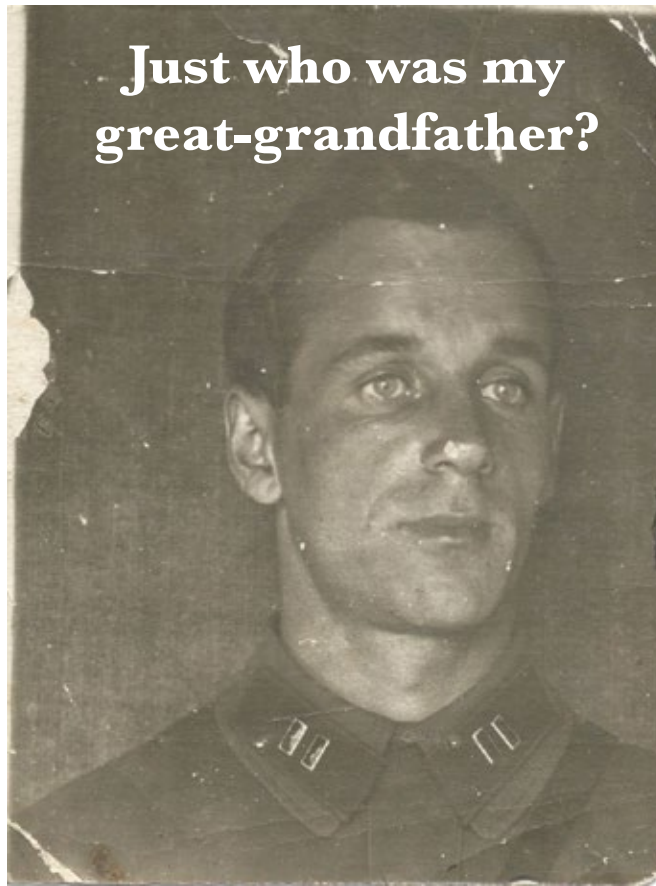
Just who was my great-grandfather?

By Albéric Karina-Plun

Exactly 100 years ago, Mikhail Karin, a 15-year-old from a prominent Jewish family in Kiev, picked up a rifle and became a Bolshevik. He changed his last name from Reicher to hide his bourgeois background and said he was 17. I often wonder about him. Did he realize that he was on the cusp of a major history-changing revolution? What ideals drove him to embrace Bolshevism? Did he have to kill people? This unrepentant, life-long Communist, Mikhail Karin, is my great-grandfather. My mother, Mikhailina Karina, was named in his honor; his *nom de guerre* is a part of my last name.

When I was younger, my dad and I used to play the Memoir '44 board game. I liked it because it involved strategy, spurring my knowledge of history and different battles. My mother was thrilled that I was so passionate about history, but she wanted me to pay more attention to the human side of wars – the suffering and the destruction – lacking in a board game. When I was 12, we visited Normandy, where I saw all the towns and sites of the war's last phase I had only seen as printed images and figurines in Memoir '44. At the WWII museum in Caen, my mom asked to me to go the Holocaust section. I could not handle it and walked out.

Focusing on the Western Front, I never really thought about what my mother's family went through during WWII in the Soviet Union. My grand-



Mikhail Karin at 23

parents in St. Louis told us how they were children when the Nazis occupied Kiev and how they were evacuated to Uzbekistan with millions of refugees. That's when I learned about Mikhail Karin and saw his military medals and photographs. A handsome man with piercing blue eyes and chiseled features looked somber in his early photographs. Always wearing a uniform, his features

eventually softened and a slight smile appeared in photographs with his army comrades. On the back, all his photographs were addressed in elegant script to his beloved wife and children with exact dates and locations, such as August 1, 1945 in Berlin. Seeing these inscribed photographs attached a real person, someone related to me, to important historical dates and places.

Recently, my mother has been searching through Russian archives trying to glean more information about our family. As she found nuggets of information, I became more interested in Mikhail Karin. I learned that he came from an educated Jewish family: his father was a tea and coffee wholesaler and his mother was a dentist. He had five brothers and they lived in a beautiful home with governesses and servants. He picked Karin for his last name as he walked past a sign and saw a partial word that sounded pleasing and strong. During Stalin's brutal purges in the late



Mikhail Karin (right) and a friend in Germany in 1945

1930s he was accused of being a British spy and spent two years in prison. Miraculously, unlike millions of other victims of the purges who were murdered, he was released and returned to civilian life. At the outbreak of the war in 1941 he was mobilized as a Major in the NKVD (the state secret police precursor to the KGB), attended military school, and managed POW and political prisoner camps. He was promoted to Lieutenant Colonel and spent two years in Berlin's Soviet sector after the war. As a civilian, he worked as an administrator at a government-owned enterprise.

As I learned about Mikhail Karin, I could not believe that someone in my family was an active participant in important historical events. Because he never talked about his highly secret work, I may never know what minor or major role he played in the history of the Soviet Union. His classified life fascinates me as an historical mystery I may never solve. Even though I have read dozens of books about WWII, Mikhail Karin has taught me that history is made of people's destinies, not dates. 📖



Music man
Montebello resident Ernesto Bravo shared Andean and romantic Spanish music as he played a variety of instruments and sang on October 15 in the Community Center.

Some clips from the performance are available on YouTube at <https://www.youtube.com/watch?v=clSjDuD1L-g&feature=youtu.be>

Photo by Dian McDonald



Oktoberfest celebration in the Community Center on October 13

montebello marketplace



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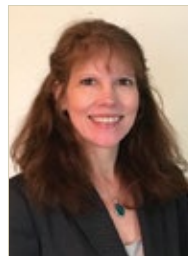
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I send brief reports to pet-owners via text or email after each visit.

My rates are competitive. Checks are accepted as well as cash.

References from Montebello clients can be provided on request.

I've been a Montebello owner/resident in Bldg. #2 since 2005.

From 2012 to 2016, I served as Montebello Pet Club Coordinator.

CONTACT: Deborah Rowell.

Cell Phone/Text: **703-283-2666**

Email: CompassionatePetServices@gmail.com

promote your services with free ads for all residents

coming attractions

An Artist's Journey



By Anna Schalk

October 14 - November 17

Aнна Schalk's retrospective show in Montebello Cafe covers over 35 years of her painting life. This exhibit reflects moments from her roles as wife, mother, therapist and healing practitioner. Using the movement of color and brush strokes, the paintings flow from realism to abstract as she focuses on her inner response to the subject of the moment.

Opening Reception
October 14, 4 - 6 p.m.



Chess Game Night with Chess Club

All Levels & All Ages!
All Welcome!
Beginners to Grandmasters!
Play! Share! Learn! Practice!

4th Thursday, Each Month
(generally*)
C.C. Card Room
7:00pm to 9:30pm (latest)



Make your move and
stop by to see a joust!
The Queen doesn't
even mind tardiness!

Bring your own Chess Set if you like! - And, if you're brand new to Chess, but you'd like to check out our Chess Club while playing a relatively "quiet" or "cerebral" game that doesn't "compete" with the ancient game of Chess from a noise perspective, you may bring such a game and hang out with us! (Examples of Games that partner well with Chess: Scrabble, Checkers, Othello, etc.)

Contact Lisa J. Stedge at lisa@stedge.com and/or Nick Nickerson at fnixon@gmail.com for more information.

* (e.g., most holidays and holiday periods are excluded.)



Wednesday, October 18, 2017
Montebello CLASSIC MOVIE NIGHT
On the Big Screen in the Community Center at 7pm



Why did women talk about Dorian Gray in Whispers?

Find out why Oscar Wilde's only novel still beguiles in all its horror as we approach Halloween ... and join the camaraderie of a **Real Night At The Movies**, right here at home with your friends.

FREE old-time Movie Night refreshments, popcorn, and confectionary!

With a brief introduction and back-story on the movie by Pamela Copley, in this, the third of our regular Classic Movies Contact PamelaCopley@aol.com for more details.



MONTEBELLO
FILM SOCIETY

and



Invite you to our film & discussion



WASTE LAND

THURSDAY OCTOBER 26 7:30 P.M. PARTY ROOM 2



An inspirational film about the transformative power of art

In this multiple award-winning film, including an Academy award nomination for best documentary, contemporary artist Vik Muniz returns to his native Brazil to photograph the lives of catadores—entrepreneurial garbage pickers in the world's largest landfill, Jardim Gramacho, on the outskirts of Rio de Janeiro. As Muniz gets to know and collaborate with his subjects, we witness the transformational power of art at work and experience the beauty and dignity of even these "lowest" of workers.

Leslee Levy will introduce the film and lead the post-movie discussion.



Greetings Neighbors,

Autumn is here and soon we will be thinking winter...what thoughts come with Winter, CHRISTMAS, of course! Start writing that shopping list and while you're at it, take a look at my list below.

As the present President of Zonta Club of Arlington, I inherited many items...and part of that inheritance is a stock of past year's White House Ornaments. For many years, my Club sold White House Christmas Ornaments as a fund raiser to support our scholarship, Doorways and other local organizations.

As part of our 2017 fundraising, we are selling these older ornaments at a great discount. Consider giving an ornament as a memorable way to mark a significant event year... birth, marriage, graduation, retirement. Check out this list and see if we have the date to fit your memorable occasion.

WHITE HOUSE ORNAMENTS
Selling at discounted rate of \$10/ea or any 2 for \$15

- 1994 Soldiers in Winter Scene on porcelain (1)
- 1997 White House Grounds (2)
- 2000 200th Anniversary of the White House (11)
- 2001 First Family's Carriage Ride (6)
- 2002 White House in Crystal (9)
- 2003 Child on Rocking Horse (26)
- 2004 First Family Sleigh Ride (4)
- 2005 Fan filigree around White House (25)
- 2007 Grover Cleveland Wedding (21)
- 2009 WHITE HOUSE CHRISTMAS (2)
- 2010 ARMY/NAVY BAND (2)
- 2015 Xmas Tree that lights up (20)

CONTACT: VIRGINIA NICKICH – cell: 516-459-8504
OR email: VIRGINIAROSE29@VERIZON.NET

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Zonta Club of Arlington, a non-profit organization – New Members Welcome
<http://www.zontaarlingtonarea.org/>



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Some of you that know me already heard my passionate story about the The Zonta Club of Arlington, a non-profit organization and a chapter in a world-wide organization working to prevent domestic violence, human trafficking, assure women's rights and enhance lives through service and advocacy.

Please consider supporting this worthy organization by ordering your fresh 22" Holiday Wreath for your door by Nov 1. Profits go toward our Scholarship to a female graduate student in the Marymount University Malek School of Health Professions.

These wreaths have been known to last a long time without dropping needles.

Call Virginia Nickich
Cell: 516-459-8504
or email:
VirginiaRose29@verizon.net

<http://www.zontaarlingtonarea.org/>



AubergineBOOM

Roasting mishap by Mikhailina Karina

AiM seeks photos of food

November is just around the corner and with it comes our November Café Group Show. The theme for this show is FOOD (growing food, eating food, selling food, preparing food, displaying food, etc., etc., etc.)

Please help me to get the (meat-)ball rolling by emailing me a few images (include a title and the dimensions) so I can start building the walls (which will be the greatest, most fantastic walls ever seen).

Please send your images to maxmax491@aol.com. I will quickly reply that I have received your images.

Joel Miller