# The montest Voice

an independent gazette

beauty is truth, truth beauty

June 8, 2017



#### Montebello kingpins

By Mark Woods

The Montebello Bowling Leagues recently celebrated the end of the season and league championships with a celebration in the Party Room of Building 3 followed by dinner for 20 at Southside 815. The dinners, drinks, dessert and company were awesome. And Southside was more than accommodating to such a large group.

Individual and team awards were presented that evening. Among the individual awards handed out, the Most Valuable Bowler Award for Monday Night went to Nancy Vargas; the Wednesday MVB Award went to Bob Osterberg. The Monday League Champions Awards went to Carolyn Strano, Virginia Nickich, Jim Weatherly, and Joe McNeely (photo below).

#### voices on the 37





The Wednesday League Champions Award went to Mary Rhodes, Janice Stucki, Walter Peterson, and Sam Rhodes (photo above).

Special recognition was also awarded to Joe McNeely and Mary Rhodes for their hard work as League Managers for Monday and Wednesday nights, respectively.

The Leagues will start up again right after Labor Day. Please consider joining your neighbors on either or both nights as a regular or substitute bowler. No skill is needed! Really!! Montebello supplies the bowls, shoes and the lanes. All you have to supply is a smile. Sign up anytime at the office or just call Mark Woods with any questions you have at 703-498-0143. We can also arrange to meet you at the lanes for a night of practice if that helps!

# The Monte Park Voice

an independent gazette
Alexandria, Virginia

This publication accepts no funding or oversight from advertisers, residents, or the Montebello Condominium Unit Owners Association. All opinions are encouraged and reflect the diversity of views in the community. All articles and photographs come from Montebello residents. To receive or contribute to this email-only gazette, contact montebellovoice@cox. net or visit on the web at www.montebellovoice.com.

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The Montebello Voice wants to hear from you: musings, travels, announcements, photos, and ads

#### voices on the 37

#### Open water

#### By Deb Brudvig

Greetings, Montebello adult swimmers!

This is a follow up with more details about a potential group/team. This may take some time, so don't hold your breath! (Good advice, by the way. Hypoxic training is not "in" anymore because it's dangerous. So don't do it!)

I would like to know:

- 1. If you are interested. Now that you have my email, that should be easier!
- 2. What your best days/times might be (Ultimately it will depend on your input plus what Montebello does or doesn't allow.)
- 3. If you are interested in drills/ technique work, a straight workout or a combination.
- 4. What you think an equitable way to pay might be. I can't do this for free due to planning time and required certifications. Maybe something like the yoga group?
- 5. Any crazy ideas you might have for the future everything from creating mobile backstroke flags to getting kickboards to becoming an actual U.S. Masters team.

Please get in touch with me directly at dmbrudvig@gmail.com about your interest.

Thanks all and happy swimming!

The Montebello Voice
wants to hear from
you: musings, travels,
announcements, photos, reviews, commentary, memoirs, essays,
analysis, poems,
suggestions, club news,
recipes, and free ads



Heather Click (left), RN, who volunteered her service on May 17th, for the monthly Blood Pressure Check, is our neighbor who recently moved to Montebello and had worked in the ICU and recovery units at Piedmont Fayette Hospital near Atlanta. She is pictured with Guin Jones, blood pressure check facilitator.

Photo by Sylvia Grappa



Montebello Music Club president Carla Batka-Jones with guest speaker Phil John at the Shakespeare-inspired music presentation on June 3.

Photo by Dian McDonald

#### animal magnetism

#### Free to a good home

## Cinco, the Montebello cat



By Channing Huhn

I first met Cinco a year ago in our Building 5 parking lot. He was decked out in his handsome tuxedo and sitting next to my shiny red car. After a meow hello and a little leg rub, he was introduced to my Building 5 neighbors. We all agreed that he was much too friendly and well kept to be a feral cat.

That evening I was able to "talk" him into spending the night in our guest room. The neighbors rustled up a litter box and some food and settled him in. This went on for two nights but



he insisted on spending the days outside and we didn't want to interfere with him wandering back to his home. On the third night he decided he really didn't care for our dog and would not be an inside guest.

What we all feared did happen that evening when the Montebello fox thought Cinco looked like a tasty treat and went after him! He survived the brief attack and Building 5 folks scared the fox away. The next day he (one lucky boy!) found a new owner here at Montebello, but sadly, in the days to come he became quite ill. Due to the fox encounter he was turned over to the Fairfax County Animal Shelter on West

Ox, where he began three months of incredible treatments and surgeries to save him. We were all concerned about his welfare and I became his future foster mom, which allowed me to check on his progress.

The past year has been one of adjustment for our household. Cat and dog...foster and cat... foster's husband and cat and dog. We've come very far and Cinco is a love!

In the process we discovered that he had belonged to a former Montebello neighbor who decided to move without him. We also suspect that he was never well nurtured and is just now, at age three, coming around with purrs and snuggles.

There remains only one problem... as much as I love this little guy, he loves to be outside and living in Building 5 may not be the safest home for him. We (foster mom, husband, dog) are hoping to find him a perfect tower home. If you have room in your heart for this guy, you are welcome to contact me 703-960-4504 or channing46@msn. com and come for a visit.

A cicada hangs on to the underside of a handrail.

Photo by Carole Appel

Turtle promenades on the ramp to the outdoor pool.

Photo by Paul Foldes





## women's club luncheon

















Photos by Dian McDonald

# women's club luncheon













### out & about



A tree fell in the forest. Photo by Joel Miller



Author Claudia Kalb discussed her new book, Andy Warhol Was a Hoarder: Inside the Minds of World's Great Personalities. The May 31 event was sponsored by the Activities Committee.





# building 3 party













# building 3 party



















# Invite you to our film & discussion



# **CINEMA PARADISO**

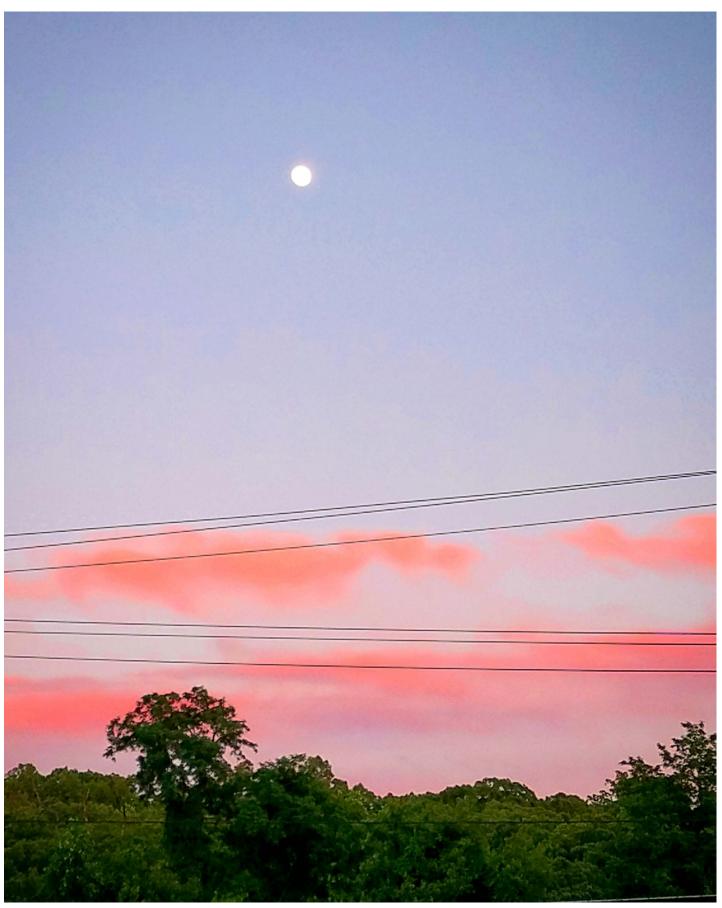
THURSDAY JUNE 29 7:30 P.M. PARTY ROOM 2



A true motion picture masterpiece, Cinema Paradiso won the 1989 Academy Award for Best Foreign Language Film, Golden Globe, and acclaim around the world. This extraordinary celebration of youth, friendship, and the everlasting magic of movies is sure to captivate your heart and send your spirit soaring. Join us for an uplifting evening.

Leslee Levy will introduce the film and lead the post-movie discussion

# final glance



Moon over Montebello

Photo by Azita Mashayekhi